

Instructions for Upper Endoscopy

Procedure Date: _____ Time: _____ Dr: _____

Follow the set of instructions marked below:

For an AM procedure:

1. No food or drink after midnight the night before the examination.
2. You may take **required medications** @ 5:00 am with a sip of water.
3. **Required medications** include anything for: blood pressure, heart, anxiety, depression or pain.
4. On the day of the procedure, insulin or diabetes medication should not be taken until after the test is completed. Be sure to tell us if you are a diabetic so that you can be scheduled early in the day.

For a PM procedure:

1. No food or drink after 5 hrs prior to the examination.
2. You may take **required** medications 5 hours prior to examination.
3. **Required medications** include anything for: blood Pressure, heart, anxiety, depression or pain.
4. On the day of the procedure, insulin or diabetes medication should not be taken until after the test is completed. Be sure to tell us if you are a diabetic so that you can be scheduled early in the day.

Other Instructions:

YOU MUST BRING A DRIVER. You will be pre-medicated for the procedure. Though you will not be put completely to sleep, **you will need a responsible adult to drive you home.**

BLOOD THINNER MEDICATIONS:

You must be sure to inform the doctor or nurse if you are on any blood thinners. Blood thinners may have to be stopped in advance for conditions such as Dysphagia (trouble swallowing), Barrett's Esophagus, Schatzki's Ring or Esophageal Lesions.

Aggrenox

Persantine (Dipridamole)

Pradaxa

Xarelto

Coumadin/Jantoven (Warfarin)

Plavix (Clopidogrel Bisulfate)

Ticlid (Ticlopidine)

Effient

Pletal (Cilostazol)

Trental (Pentoxifylline)